

# WELLMAN UNION CAFE

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SEPT**

**MENU 2022**

**GEAR UP FOR  
DANCE**



**ANNOUNCEMENTS:**

White, Chocolate,  
and Strawberry  
Milk Served Daily

Fresh Fruit and  
Juice Served Daily

\* Menu is Subject  
To Change

5<sup>TH</sup>  
**HOLIDAY**

6<sup>TH</sup> Breakfast Burrito  
Hashbrown  
or  
Breakfast Strudel  
Cheese Stick

7<sup>TH</sup> Peanut Butter  
& Jelly Sandwich  
or  
Banana Split

1<sup>ST</sup> Chicken -n-  
Biscuit  
or  
Breakfast Bread  
Yogurt

2<sup>ND</sup> Dutch Waffles  
Sausage  
or  
Cereal Variety  
Toast

8<sup>TH</sup> Breakfast  
Combo  
or  
Breakfast Crackers  
Cheese Cubes

9<sup>TH</sup> Donut  
Holes  
or  
Muffin  
Yogurt

12<sup>TH</sup> Breakfast  
Pizza  
or  
Cereal Variety  
Toast

13<sup>TH</sup> French Toast  
Sausage  
or  
Breakfast Bread  
Yogurt

14<sup>TH</sup> Morning Griddle  
Sandwich  
or  
Muffin  
Yogurt

15<sup>TH</sup> Sausage  
Biscuit  
or  
Breakfast Strudel  
Cheese Stick

16<sup>TH</sup> Cheesy Toast  
Sausage  
or  
Breakfast Round  
Yogurt

19<sup>TH</sup> Pancakes  
Bacon  
or  
Cereal Variety  
Toast

20<sup>TH</sup> Breakfast  
Taquito  
or  
Breakfast Crackers  
Cheese Stick

21<sup>ST</sup> Sunrise  
Sandwich  
or  
Breakfast  
Parfait

22<sup>ND</sup> Oatmeal  
Cinnamon Toast  
or  
Breakfast Bread  
Yogurt

23<sup>RD</sup>  
**HOLIDAY**

26<sup>TH</sup> Sausage Kolache  
Yogurt  
or  
Cereal Variety  
Toast

27<sup>TH</sup> Cheese Omelet  
Toast  
or  
Breakfast Crackers  
Cheese Stick

28<sup>TH</sup> Biscuit, Gravy  
Scrambled Eggs  
Bacon  
or  
Cereal Variety  
Toast

29<sup>TH</sup> Early Bird  
Sandwich  
or  
Breakfast Strudel  
Cheese Stick

30<sup>TH</sup> Sausage Egg &  
Cheese Biscuit  
or  
Muffin  
Yogurt



Food and Nutrition Division  
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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Updated 9/1/2022  
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**FRIDAY**

**SEPT**

**MENU 2022**

**GEAR UP FOR  
DANCE**



## ANNOUNCEMENTS:

White, Milk Served  
Daily (PreK)

White, Chocolate,  
and Strawberry Milk  
Served Daily (K-12)

Fresh Fruit and Juice  
Served Daily (HS)

\* Menu is Subject to  
Change

5<sup>TH</sup>

**Holiday**

12<sup>TH</sup> Corn Dog  
Tater Tots  
Tomato Cup  
Fruit Cup

19<sup>TH</sup> Fish Sticks  
Fries  
Okra  
Roll  
Strawberries

26<sup>TH</sup> Cheeseburger  
Ranch Style Beans  
Corn  
Orange Smiles  
Pudding

6<sup>TH</sup> Frito Pie  
Beans  
Fresh Veggie Cup  
Chilled Pineapple  
Crispy Treats (K-12)  
Animal Crackers (PreK)

13<sup>TH</sup> Nachos Grande  
Salsa  
Refried Beans  
Cucumbers  
Apricots  
Ice Cream Cup

20<sup>TH</sup> Tex Mex Stack  
Spanish Rice (HS)  
Beans Salsa  
Carrots  
Sherbet Cup  
Hot Cinnamon Apples

27<sup>TH</sup> Chicken -n-  
Waffles  
Fresh Veggie Cup  
Potatoes  
Strawberries &  
Bananas

7<sup>TH</sup> Cheesy  
Breadsticks  
Marinara Sauce  
Broccoli  
Cinnamon Applesauce

14<sup>TH</sup> Spaghetti Bowl  
Bread Sticks  
Fresh Veggie Cup  
Garden Salad  
Fruity Gelatin

21<sup>ST</sup> Meatball Sub  
Sandwich  
Garden Salad  
Savory Green Beans  
Peaches

28<sup>TH</sup> Pizza Pocket  
Carrots  
Squash  
Grapes

1<sup>ST</sup> Cheeseburger  
Chips  
Tomato Cup  
Garden Salad  
Pears

8<sup>TH</sup> Boneless Chicken  
Wings  
Chips Celery  
Carrots  
Mixed Fruit  
Frozen Yogurt Cup

15<sup>TH</sup> Breaded Pork Chop  
Gravy  
Broccoli  
Corn  
Roll  
Mandarin Oranges

22<sup>ND</sup> Ranchero Wrap  
Corn  
Crunchy Broccoli Salad  
Fresh Apple Slices  
Brownie (K-12)  
Teddy Grahams (PreK)

29<sup>TH</sup> Breaded  
Mozzarella Sticks  
Marinara Sauce  
Tomato Cup  
Garden Salad  
Pears

2<sup>ND</sup> Philly Cheese Steak  
Sandwich  
Corn Cucumbers  
Rosy Applesauce  
Cookie (K-12)  
Graham Crackers (PreK)

9<sup>TH</sup> Chicken Parmesan  
Savory Green Beans  
Corn  
Roll  
Peaches

16<sup>TH</sup> Cheeseburger-  
Macaroni Carrots  
Green Beans Roll  
Animal Crackers (PreK)  
Crispy Cereal Treats K12  
Fresh Seasonal Fruit

23<sup>RD</sup>

**HOLIDAY**

30<sup>TH</sup> X-treme Burrito  
Corn Cucumbers  
Rosy Applesauce  
Cookie (K-12)  
Animal Crackers (PreK)



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