MAN UNION CAFE

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| | HOLIDAY |
| The state of the s | 12 TH Breakfast Pizza or Cereal Variety Toast |
| | 19 TH Pancakes Bacon or Cereal Variety Toast |
| | 26 TH Sausage Kolache Yogurt |

TUESDAY

WEDNESDAY

THURSDAY

Biscuit

1ST Chicken -n-

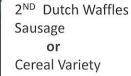
or

8TH Breakfast

Combo

Breakfast Bread

FRIDAY



Toast

9TH Donut

Holes or

Muffin Yogurt

16TH Cheesy Toast

Sausage

Breakfast Round

Yogurt

23RD

HOLIDAY

30TH Sausage Egg & Cheese Biscuit

or

Muffin

MENU 2022

GEAR UP FOR DANCE



ANNOUNCEMENTS:

White, Chocolate, and Strawberry Milk Served Daily

Fresh Fruit and Juice Served Daily

* Menu is Subject To Change

YAC

6TH Breakfast Burrito Hashbrown or Breakfast Strudel Cheese Stick

13TH French Toast

or

Breakfast Bread

20[™] Breakfast

or

Cheese Stick

or

Cheese Stick

Toast

Breakfast Crackers

27[™] Cheese Omelet

Breakfast Crackers

Taquito

Sausage

Yogurt

7TH Peanut Butter & Jelly Sandwich or Banana Split

14TH Morning Griddle

or

21ST Sunrise

or

Breakfast

Bacon

Toast

Parfait

28[™] Biscuit, Gravy

Scrambled Eggs

or

Cereal Variety

Muffin

Yogurt

Sandwich

Sandwich

or Breakfast Crackers Cheese Cubes

Yogurt

15TH Sausage Biscuit

or **Breakfast Strudel** Cheese Stick

22ND Oatmeal Cinnamon Toast

or

Breakfast Bread Yogurt

29TH Early Bird

or Breakfast Strudel Cheese Stick

Sandwich

Yogurt

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Toast

or

Cereal Variety

Updated 9/1/2022 www.SquareMeals.org

WELLMAN UNION CAFE MONDAY TUESDAY WEDNESDAY 5TH 6TH Frito Pie 7TH Cheesy Beans Breadsticks Holiday Fresh Veggie Cup Marinara Sauce Chilled Pineapple

Broccoli Cinnamon Applesauce

8TH Boneless Chicken Wings Chips Celery Carrots Mixed Fruit Frozen Yogurt Cup

THURSDAY

1ST Cheeseburger

Tomato Cup

Garden Salad

Chips

Pears

9TH Chicken Parmesan Savory Green Beans Corn Roll Peaches

16TH Cheeseburger-

Green Beans Roll

Animal Crackers (PreK)

Crispy Cereal TreatsK12

Carrots

Macaroni

Graham Crackers (PreK)

FRIDAY

2ND Philly Cheese Steak

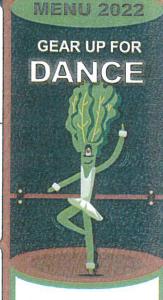
Rosy Applesauce

Cookie (K-12)

Corn

Sandwich

Cucumbers



ANNOUNCEMENTS:

White, Milk Served Daily (PreK)

White, Chocolate, and Strawberry Milk Served Daily (K-12)

Fresh Fruit and Juice Served Daily (HS)

* Menu is Subject to Change

Tater Tots Tomato Cup Fruit Cup

19TH Fish Sticks

Strawberries

Fries

Okra

Roll

12TH Corn Dog

13TH Nachos Grande Salsa Refried Beans Cucumbers Apricots Ice Cream Cup 20TH Tex Mex Stack

Spanish Rice (HS)

Salsa

Beans

Carrots

Sherbet Cup

Crispy Treats (K-12)

Animal Crackers (PreK)

14TH Spaghetti Bowl **Bread Sticks** Fresh Veggie Cup Garden Salad Fruity Gelatin

21ST Meatball Sub

Savory Green Beans

Garden Salad

Peaches

Sandwich

15TH Breaded Pork Chop Gravy Broccoli Corn Roll Mandarin Oranges

Fresh Seasonal Fruit 23RD 22ND Ranchero Wrap Corn Crunchy Broccoli Salad Fresh Apple Slices

HOLIDAY

26TH Cheeseburger Ranch Style Beans Corn **Orange Smiles** Pudding

Food and Nutrition Division

National School Lunch Program

27TH Chicken -n-Waffles Fresh Veggie Cup **Potatoes** Strawberries & Bananas

Hot Cinnamon Apples

28TH Pizza Pocket Carrots Squash Grapes

29TH Breaded Mozzarella Sticks Marinara Sauce Tomato Cup Garden Salad Pears

Teddy Grahams (PreK)

Brownie (K-12)

30TH X-treme Burrito Corn Cucumbers Rosy Applesauce Cookie (K-12) Animal Crackers (PreK)

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